STUDY PLAN

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| --- | --- | --- |
| WEEKENDS | SATURDAY | SUNDAY |
| 9:30am – 10:30am |  |  |
| 10:30am – 11:30am |  |  |
| 11:30am – 12:30pm |  |  |
| 12:30pm – 1:30pm |  |  |
| 1:30pm – 2:30pm |  |  |
| 2:30pm – 3:30pm  FRIDAY |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| WEEK DAYS | MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
| 3:30pm – 4:30pm |  |  |  |  |  |  |  |
| 4:30pm – 5:30pm |  |  |  |  |  |  |  |
| 5:30pm – 6:30pm |  |  |  |  |  |  |  |
| 6:30pm – 7:30pm |  |  |  |  |  |  |  |
| 7:30pm – 8:30pm |  |  |  |  |  |  |  |
| 8:30pm – 9:30pm |  |  |  |  |  |  |  |
| 9:30pm – 10:30pm |  |  |  |  |  |  |  |

Success requires commitment and a plan. This timetable should allow you to identify times when you can schedule study sessions.

1. **Set a goal that you wish to achieve.**
2. Write in any regular commitments you have (ie. work/ training/ meals etc.). These should include regular social time also.
3. Find time and write in regular study sessions. Nb. This should be a minimum of 1 hour per day; more if you wish to excel. Even if you have no scheduled homework, use the scheduled time to review your work.

**2010 GOAL:**